



## *Glenwood Caverns Adventure Park* **ABOUT GLENWOOD SPRINGS**

**GLENWOOD SPRINGS, Colo.** — Glenwood Springs has been making history for more than 125 years. For starters, there's the world's largest hot springs pool — roughly two city blocks long. Some claim the irresistible Teddy Bear was invented here. The story goes that President Theodore Roosevelt, who came to Glenwood Springs in 1905 to hunt bear in the surrounding woods, was consoled after an unsuccessful outing by the Hotel Colorado staff, who presented him with a hand-stitched stuffed bear. Doc Holliday, gunman-gambler-dentist, headed west after the famous shootout at the OK Corral, where he hoped that soaking in the hot springs would cure his advanced tuberculosis. But the mineral-rich waters could not dissipate the ravages of the disease. Doc Holliday died at the Glenwood Hotel in November 1887. His gravesite in Linwood Cemetery remains a popular attraction today.



Glenwood Springs, Colo., is located in the Roaring Fork Valley, situated between famous neighbors Vail and Aspen at the confluence of the Colorado and Roaring Fork Rivers. In addition to **Glenwood Caverns Adventure Park**, Glenwood Springs offers activities all year that delight its visitors.

### **Outdoor Adventures**

Nestled in the heart of the Rocky Mountains, the 2.3-million-acre White River National Forest is the top recreation forest in the nation. Headquartered in Glenwood Springs, the White River National Forest is the largest national forest in Colorado and the 12th largest in the nation, with something to offer every outdoor enthusiast.

### **Rafting & Kayaking**

The Colorado River near Glenwood Springs has long attracted ambitious river revelers, attempting to tame its fiercest sections. Today, a host of commercial rafting and kayaking companies annually guide thousands of visitors down the Colorado and Roaring Fork Rivers through rapids with names like Upper Superstition and Tombstone, substantiating Glenwood Springs' stature as one of the country's premier whitewater destinations. Calmer waterways, such as South Canyon Rapids, are suitable for families with children as young as six. The city's whitewater park, added in 2008, is attracting world-class kayakers from around the globe.

### **Fly-fishing**

Glenwood Springs' early inhabitants, the Ute Indians, depended on fish to round out their diets. Today, the area's Gold Medal waters harbor an astonishing number of brookies, browns, cutthroats, and rainbow trout. Local guides can direct anglers to some of the best fly-fishing in the state.

### **Biking**

The best way to get the lay of the land in Glenwood Springs is by bike. Glenwood Springs has mountain biking trails for any ability, from paved paths and country dirt roads, to rugged double- and single-track trails. Choices range from a leisurely ride through Glenwood Canyon on a scenic, 18-mile paved trail that hugs the Colorado River from Glenwood Springs to Dotsero, to the new Rio Grande Trail, a multi-use, 44-mile pathway from Glenwood Springs to Aspen.

### **Spas**

Glenwood Springs has been known as a healing destination for well over a century, because of the world's largest natural Hot Springs Pool and naturally formed Vapor Caves. Today visitors will find spas, fitness centers, and health and beauty treatment centers which complement Glenwood Springs' natural spa atmosphere.

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For more information, to schedule an interview or request high-resolution photographs or b-roll, contact Mandy Gauldin at 970-945-5534.

**51000 Two Rivers Plaza Road, Glenwood Springs, CO 81601 — 970-945-4228 — 800-530-1635**  
**GlenwoodCaverns.com — Facebook.com/GlenwoodCaverns — Twitter.com/GlenwoodCaverns**

### **Camping**

Campsites are available in public and private campgrounds located throughout the Roaring Fork Valley, ranging from secluded sites within the White River National Forest suitable for tents and RVs, to full-service RV parks. Glenwood Springs is a favorite spot for camping enthusiasts looking for access to a wide range of outdoor activities. Glenwood Canyon Resort, located in No Name, offers fully-furnished, themed resort cabins, camper cabins, big-rig RV sites, a group tent area, and a bathhouse with laundry facilities.

### **Golf**

Championship-caliber golf is just a stroke away at any one of eight courses located within a 40-mile radius of downtown. Designed by some of the greatest names in golf, including Jack Nicklaus and Jay Morrish, courses boast Scottish-style links, undulating greens, and staggering mountain views.

### **Hiking**

Flowering meadows, alpine forests, a variety of abundant wildlife, and views clear to tomorrow characterize the hiking experience surrounding Glenwood Springs. Hikers can choose a stroll along the Colorado River through Glenwood Canyon, or for a heartier dose of exercise, Hanging Lake, Storm King Memorial Trail, Red Mountain, and Lookout Mountain.

### **Horseback Riding**

A mighty long stretch of the West's history, majesty, and mystery seem to converge in Colorado's distilled mountain air. There's no better way to experience Colorado's cowboy past — or present — than riding the open range or high mountain meadows while your guide regales you with tales of the Wild West.

### **Hot Springs Pool**

In the late 1800s, the Hot Springs Pool attracted wealthy tourists from around the world. Nowadays, it's a popular destination for families. So load up the inflatable crocs, water weenies, masks, and snorkels and jump in. There's plenty of space to splash around in the 90-degree pool. It's larger than a football field. Two four-story water slides keep the kids entertained for hours with more 300 feet of twists and turns. Parents and grandparents will enjoy relaxing in the smaller therapy pool, heated to 104 degrees. If the kids are getting waterlogged, challenge them to a game of miniature golf, located next to the water slides.

### **Shopping**

Glenwood Springs' historic downtown district provides a wonderful selection of unique specialty shops. The Glenwood Meadows shopping center includes many one-of-a-kind shops, as well as some national chain stores.

### **Skiing, Snowshoeing, and Snowmobiling**

Sunlight Mountain Resort has been in Glenwood Springs since 1966, with one of the longest cruisers in Colorado, over two miles long, as well as the one of the steepest extreme runs, boasting a 52 percent pitch. The avid cross-country skier and snowshoer will appreciate the 29 kilometers of groomed trails in the Nordic Center. The Snowmobiling Center has some of the best terrain and equipment in the valley.

### **Learn more about Glenwood Springs and its attractions:**

Glenwood Springs Chamber Resort Association — (888) 445-3696 or [www.visitglenwood.com](http://www.visitglenwood.com)

Sunlight Mountain Resort — (800) 445-7931 or [www.sunlightmtn.com](http://www.sunlightmtn.com)

Hot Springs Lodge & Pool — (800) 537-SWIM or [www.hotspringspool.com](http://www.hotspringspool.com)

White River National Forest — [www.fs.fed.us/r2/whiteriver](http://www.fs.fed.us/r2/whiteriver)

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Source: Glenwood Springs Chamber Resort Association

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